

Living the
Spiritual Disciplines



SD #4
Fasting & Tithing

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Living the Spiritual Disciplines



Awareness

We must gain **Awareness** of any circumstance to change it.

Acceptance

We must gain **Acceptance** of what we learn before we act.

Action

We must take specific **Action** to change who we are now.

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What is a

Spiritual

Discipline?

Activity I do consistently that builds
my relationship with God.

AND

**Better equips me to respond
to various challenges of life!**

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*What is the
state of
MY
Spiritual
Discipline?*

*Hold Up The
Mirror!*

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#1 **Meeting** Christ

Repentance & Salvation

#2 **Knowing** Christ

Study Scripture & Memorization

#3 **Talking** w/ Christ

Active Prayer & Journaling

#4 **Sacrificing** w/ Christ

Fasting & Tithing

#5 Showing Love of Christ

Serving Others

#6 Sharing Christ

Telling YOUR story with Christ

#7 Growing in Christ

Fellowship & Mentoring

#8 Living w/
Christ

Accountability

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Romans 12:1 (KJV)

“I beseech you therefore, brethren,
by the mercies of God, that ye present
your bodies a living sacrifice, holy,
acceptable unto God, which is your
reasonable service.”

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Fasting



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4 Sacrificing w/ Christ: *Fasting & Tithing*

Matthew 4:2

And after He (**Jesus**) ^(NASB) had **fasted** forty days and forty nights, He then became hungry.

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Acts 13:2-3 (NJKV)

“As they ministered to the Lord and **fasted**, the **Holy Spirit** said, “Now separate to Me Barnabas and Saul for the work to which I have called them.”³ Then, having **fasted** and **prayed**, and laid hands on them, they sent them away.”

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Acts 14:23

(NKJV)

“So when they had appointed elders in every church, and **prayed with fasting**, they commended them to the Lord in whom they had believed.”

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4 Sacrificing w/ Christ: *Fasting & Tithing*

What is

Fasting?

Abstaining from food or other activity
for spiritual purposes.

There **must be** spiritual intent
for a FAST to be *God Honoring Activity*.

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Matthew 6:16

(ESV)

“And **when you fast**, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward.”

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Matthew 6:17-18

(ESV)

“But when you fast, anoint your head and wash your face, ¹⁸ that your fasting **may not be seen by others** but by your Father who is in secret. And your Father who sees in secret will reward you.”

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Tithin



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4 Sacrificing w/ Christ: *Fasting & Tithing*

Leviticus 27:30 (NIV)

“A tithe of everything from the land,
whether grain from the soil
or fruit from the trees,
belongs to the LORD;
it is holy to the LORD.”

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4 Sacrificing w/ Christ: *Fasting & Tithing*

2 Corinthians 9:7 (NIV)

“Each of you should give what
YOU have decided in your heart to give,
not reluctantly or under compulsion,
for God loves a cheerful giver.”

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Why should I

Tithe?

Tithing is an act of

obedience and sacrifice.

It should be given to God

freely with pure heart motives...

expecting nothing in return.

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4 Sacrificing w/ Christ: *Fasting & Tithing*

Tithes & Offerings are Different!

An **offering** is **giving beyond** your Tithe.

- Giving an extra \$ offering
- Giving money to a charity
- Giving to a neighbor in need
- Giving of your time or talents

The Invitation



Awareness

*Am I willing to
look in the mirror
& admit to myself that
I need to
sacrifice with Christ?*

Acceptanc

*Am I willing to admit
that **Fasting & Tithing**
need to be part of
MY Sacrifice for God?*

Actio

When will I

Sacrifice for God

this week?

The Invitation

