

Living the
Spiritual Disciplines



SD #1
Repentance & Salvation

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Living the Spiritual Disciplines



Awareness

We must gain **Awareness** of any circumstance to change it.

Acceptance

We must gain **Acceptance** of what we learn before we act.

Action

We must take specific **Action** to change who we are **now**.

Living the Spiritual Disciplines



What is a Spiritual Discipline?

Activity you do *consistently* that
builds your relationship with God.

AND

Better equips you to respond
to various challenges of life!

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*What is your state of
Spiritual Discipline?*

How well do you practice
these 8
spiritual disciplines?

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Hold Up The Mirror!

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Repentance & Salvation

Scripture Study & Memorization

Active Prayer & Journaling

Fasting & Tithing

Serving Others

Telling YOUR story with Christ

Fellowship & Mentoring

Accountability

Living the Spiritual Disciplines



1 2 3 4 5

Repentance & Salvation



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Living the Spiritual Disciplines



1 Meeting Christ: *Repentance & Salvation*

Repentance: *The admission of reality...
That we are ALL sinners
in need of Grace.*

Romans 3:23 *“For all have sinned and
fall short of the glory of
God.”*

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1 Meeting Christ: *Repentance & Salvation*

Salvation:

An act of faith

Believing Christ died for you & confessing that truth

Romans 10:9

“If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved..”

Living the Spiritual Disciplines



1 Meeting Christ:

Repentance & Salvation

***Have you accepted
Christ as your Savior?***

Communion



Awareness

*Am I willing to
look in the mirror
& admit to myself
that my spiritual discipline
focus needs attention?*

Acceptance

*Am I willing to step
out of my comfort zone
& commit
to improving my
spiritual discipline?*

Action

What one

Spiritual Discipline

will I take action today

to improve?